



edeneats

## MENU HIGHLIGHTS



### COLD

<b>Fruit Salad Cup</b>	<b>\$4.00</b>
Cup filled with seasonal fruit	
<b>Fruit Salad &amp; Yoghurt Cup</b>	<b>\$5.00</b>
Cup filled with seasonal fruit and a dollop of vanilla bean coconut yoghurt	
<b>Coconut and Raspberry Pikelets</b>	<b>\$4.00</b>
Served with house made strawberry jam	
<b>Granola Cup</b>	<b>\$5.00 (regular) / \$3.50 (small)</b>
House made granola w/ fresh summer berries and a dollop of chocolate coconut yoghurt. Small and large sizes available.	
<b>Cacao and Date Protein Bliss Balls</b>	<b>\$3.00</b>
Packed with whey protein, cacao and dates	
<b>Apple and Quinoa Breakfast Bar</b>	<b>\$3.00</b>
Made with our delicious in house granola	
<b>Pumpkin Salad</b>	<b>\$5.00</b>
Spiced pumpkin, sunflower seeds, shaved parmesan and rocket dressed with house made balsamic, topped with sweet potato crisps	
<b>Mix Grain and Chicken Cup</b>	<b>\$5.00</b>
Trio of grains, avocado, salsa and a lemon dressing	
<b>Mediterranean Salad Cup</b>	<b>\$5.00</b>
Mixed leaf salad, red onion, cucumber, tomato, grilled zucchini, greek fetta, sundried tomatoes, and Kalamata olives and house balsamic dressing	
<b>Quiche</b>	<b>\$3.50</b>
Ham and cheese or confit red onion and roasted capsicum baked in a crispy short crust pastry shell	
<b>Small Side Salads</b>	<b>\$1.00</b>
Mix leaf, tomato, carrot, cucumber and red onion	
<b>Sushi Rolls</b>	<b>\$3.50</b>
Selection includes Chicken Teriyaki, Chicken Avocado, Tuna Mayo, Brown rice Vegetarian and Avocado	
<b>Brownie</b>	<b>\$3.50</b>
In house baked chocolate brownie	
<b>Cookies</b>	<b>\$2.00</b>
In house baked cookies	
<b>Mini Apple Pies</b>	<b>\$4.00</b>
House made apple and cinnamon filling in a small tart shell with whipped coconut cream and caramelised apple	
<b>Banana Berry Bread</b>	<b>\$4.00</b>
In house banana and mixed berry bread	

### HOT

<b>Beef Lasagne</b>	<b>\$5.00</b>
Baked lasagne with a beef and vegetable filling	
<b>Eden Wrap</b>	<b>\$6.00</b>
Crispy chicken tenders, lettuce and house mayo	
<b>Falafel Burger</b>	<b>\$5.00</b>
House made falafels served with tomato salsa, hummus, and mix leaf salad	
<b>Genesis Burger</b>	<b>\$6.00</b>
Crispy chicken parmigiana, lettuce and tomato	
<b>Shepherd's Pie</b>	<b>\$5.00</b>
Hearty house made pie filling in a short crust pastry	
<b>Spinach and Ricotta Roll</b>	<b>\$4.50</b>
Spinach and ricotta filled in a puff pastry	
<b>Sausage Roll</b>	<b>\$4.50</b>
Ground Angus beef rolled in a pastry shell	
<b>Pizza</b>	<b>\$4.50</b>
House made pizzas topped with freshly shaved ham and mozzarella or tomato, onion and roast capsicum	
<b>Garlic Bread</b>	<b>\$3.50</b>
Garlic butter spread on a focaccia base with melted mozzarella	
<b>Nachos</b>	<b>\$5.00</b>
Crispy corn chips topped with a generous amount of beef mince, salsa and cheese	
<b>Sweet Potato Fries</b>	<b>\$4.00</b>
<b>Wedges</b>	<b>\$4.00</b>
<b>Hot Chips</b>	<b>\$4.00</b>
<b>Chicken Nuggets</b>	<b>\$4.00</b>

### ADDITIONAL ITEMS

- Wide variety of drinks, snacks and ice-creams always available
- Keep an eye out for our weekly specials
- We are committed to ensuring Eden Eats offers something for everyone and our menu includes gluten free, dairy free, vegetarian and vegan options
- Additionally, there will be a variety of meals catering for dietary requirements which will be available for pre-order only on Flexischools.